

# Strong Hand Sprint

**RULES:** Practical Shooting Handbook, Latest Edition

**COURSE DESIGNER:** iron9

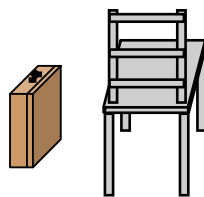
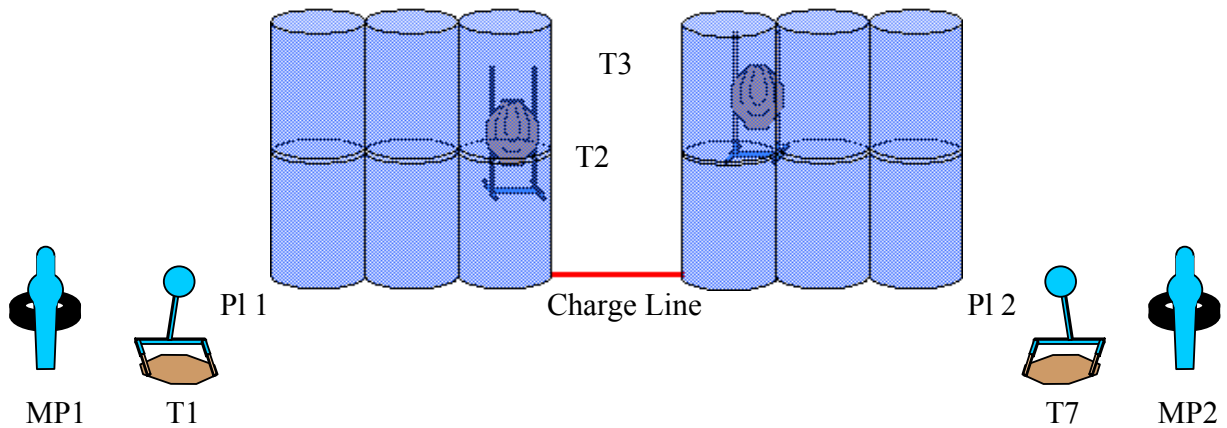
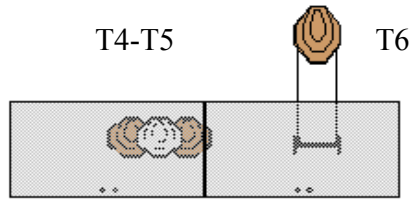
**START POSITION:** In chair fully seated, hands on knees. Gun in holster condition 2 (magazine inserted only).

### STAGE PROCEDURE

On start signal, engage all steel targets while still seated in the chair. After shooter has left the chair, all shooting has to be performed strong hand only with suitcase in weak hand. T2 and T3 must be engaged between the barrels, and before passing the Charge Line

### SCORING

**SCORING:** Comstock, 18 rounds, 90 points  
**TARGETS:** 7 IPSC/Classic, 2 MP, 2 Plates  
**SCORED HITS:** Best 2 per paper, steel down = 1A  
**START-STOP:** Audible - Last shot  
**PENALTIES:** Procedural. -10  
 No-shoot hit. -10  
 Miss. -10



**SETUP NOTES:**

**RO NOTES:**

